

CURRICULUM VITAE

Vivian W. Q. LOU

BEd (Psy.), MEd (Soc. Psy.), MSW, RSW, Ph.D.

Department of Social Work & Social Administration, Sau Po Centre on Ageing
The University of Hong Kong

Academic Qualifications

- 1999 - 2002 Master of Social Work (Social Work & Social Administration, SWSA)
The University of Hong Kong (HKU)
- 1995 - 1999 Doctor of Philosophy (SWSA, HKU)
- 1991 - 1994 Master of Education (Social Psychology)
East China Normal University (ECNU)
- 1987 - 1991 Bachelor of Education (Psychology, ECNU)

Academic Appointments

- 2015 - date Associate Professor
Department of Social Work & Social Administration
The University of Hong Kong
- 2009 – 2014 Assistant Professor
Department of Social Work & Social Administration
The University of Hong Kong
- 2004 - 2009 Assistant Professor
Department of Social Work, The Chinese University of Hong Kong
- 1999 - 2004 Demonstrator
Department of Social Work & Social Administration
The University of Hong Kong

Honors & Awards

- 2014 Faculty of Social Sciences Knowledge Exchange Award 2014. *Promoting ageing-in-place for elderly tenant in rental housing estates of Hong Kong Housing Society*. (Role: Co-I)
- 2013-15 Honorary Professor, School of Continuous Education, China Women's University
- 2008-14 Honorary Research Fellow, Centre on Behavioral Health, HKU
- 2012 Outstanding paper, 19th Annual Congress, Hong Kong Association of Gerontology (HKAG) (Role: First author)
- 2011 Outstanding paper, 8th World Congress on Long Term Care in Chinese Communities (Role: First author)
- 2011 Sik Sik Yuen Outstanding Academic-Community Partnership Project (Role: Principal Investigator)
- 2011 Best paper, 1st National Young Scholars Forum of Gerontology and Geriatrics, China (Role: Co-author with my Ph.D student)
- 2009 Outstanding paper, 17th Annual Congress, HKAG (Role: First author)
- 2008 Outstanding paper, 16th Annual Congress, HKAG (Role: First author)
- 2007 Outstanding paper, 15th Annual Congress, HKAG (Role: First author)

PUBLICATIONS

Peer-reviewed Journal Papers (*In English*)

- Yang, F., & Lou, V. W. Q. (2015). Childhood adversities, urbanisation and depressive symptoms among middle-aged and older adults: evidence from a national survey in China. *Ageing and Society*, 1-21. doi: <http://dx.doi.org/10.1017/S0144686X15000239>
- Shum, M. H. Y., Lou, V. W. Q., He, K. Z. J., Chen, C. C. H., & Wang, J. F. (2015). The "leap forward" in nursing home development in urban China: future policy directions. *Journal of the American Medical Directors Association*, (in press). doi: 10.1016/j.jamda.2015.04.010
- Ho, A. H. Y., Dai, A. N., Lam, S. H., Wong, S. W. P., Tsui, A. L. M., Tang, J. C. S., & Lou, V. W. Q. (2015). Development and pilot evaluation of a novel dignity-conserving end-of-life (EoL) care model for nursing homes in Chinese societies. *The Gerontologist*. doi: 10.1093/geront/gnv037
- Cheung, K. S. L., Lau, B. H. P., Wong, P. W. C., Leung, A. Y. M., Lou, V. W. Q., Chan, G. M. Y., & Schulz, R. (2015). Multicomponent intervention on enhancing dementia caregiver well-being and reducing behavioral problems among Hong Kong Chinese: a translational study based on REACH II. *International journal of geriatric psychiatry*, 30(5), 460-469.
- Lou, V. W. Q., Lau, B. H.-P., & Cheung, K. S.-L. (2014). Positive aspects of caregiving (PAC): Scale validation among Chinese dementia caregivers (CG). *Archives of gerontology and geriatrics*, 60(2), 299-306.
- Lum, T. Y. S., Lou, V. W. Q., Chen, Y. Y., Wong, G. H. Y., Hao, L., & Tong, T. L. W. (in print). The role of neighborhood support in aging-in-place preference among low-income elderly Chinese city-dwellers. *Journal of Gerontology: Social Sciences*. doi: 10.1093/geronb/gbu154
- Kaur, B., & Lou, V. W. Q. (2014). The Most Effective Treatment or Intervention for Treating Chinese Elderly Depression: a Literature Review. *Journal of Nursing and Health Care (JNHC)*, 1(2), 113-117.
- Chou, K.-L., Yu, K.-M., Chan, W.-S., Wu, A. M., Zhu, A. Y. F., & Lou, V. W. Q. (2014). Perceived retirement savings adequacy in Hong Kong: an interdisciplinary financial planning model. *Ageing and Society*, 1-22. doi: <http://dx.doi.org/10.1017/S0144686X14000373>
- Cheung, K. S. L., Lau, B. H. P., Wong, P. W. C., Leung, A. Y. M., Lou, V. W. Q., Chan, G. M. Y., & Schulz, R. (2014). Multicomponent intervention on enhancing dementia caregiver well-being and reducing behavioral problems among Hong Kong Chinese: a translational study based on REACH II.

- International journal of geriatric psychiatry.
- Lou, V. W. Q., & Ci, Q. Y. (2014). Aging under the one-child policy: Long-term care needs and policy choices in urban China. *International Journal of Public Policy*.
- Lou, V. W. Q., Kwan, C. W., Chong, A. M. L., & Chi, I. (2013). Associations between secondary caregivers' supportive behavior and psychological distress of primary spousal caregivers of cognitively intact and impaired elders. *The Gerontologist* (ahead-of-print), 1-11. doi: 10.1093/geront/gnt156
- Lou, V. W. Q., & Choy, J. C. (2013). Factorial structure and psychometric properties of a brief version of the Reminiscence Functions Scale with Chinese older adults. *Aging & Mental Health* (ahead-of-print), 1-6. doi: 10.1080/13607863.2013.860423
- Zhong, X. B., & Lou, V. W. Q. (2013). Person-centered care in Chinese residential care facilities: a preliminary measure. *Aging & Mental Health* (ahead-of-print), 1-7. doi: 10.1080/13607863.2013.790925
- Lou, V. W. Q., Lu, N., Xu, L., & Chi, I. (2013). Grandparent–grandchild family capital and self-rated health of older rural Chinese adults: the role of the grandparent–parent relationship. *The Journals of Gerontology Series B: Psychological Sciences and Social Sciences*, 68(4), 599-608. doi: 10.1093/geronb/gbt040
- Leung, A. Y., Lou, V. W. Q., Cheung, M. K., Chan, S. S., & Chi, I. (2013). Development and validation of Chinese Health Literacy Scale for Diabetes. *Journal of Clinical Nursing*, 22(15-16), 2090-2099. doi: 10.1111/jocn.12018
- Lou, V. W. Q., Chi, I., Kwan, C. W., & Leung, A. Y. M. (2012). Trajectories of social engagement and depressive symptoms among long-term care facility residents in Hong Kong. *Age and Ageing*, 42(2), 215-222. doi: 10.1093/ageing/afs159
- Lou, V. W. Q., & Ng, J. W. (2012). Chinese older adults' resilience to the loneliness of living alone: a qualitative study. *Aging & Mental Health*, 16(8), 1039-1046. doi: 10.1080/13607863.2012.692764
- Zhong, X. B., & Lou, V. W. Q. (2012). Practice person-centered care for demented older adults in Hong Kong residential care facilities: a qualitative exploration. *Asia Health Care Journal*, 14-19.
- Sha, W., Wong, Y., Lou, V. W. Q., Pearson, V., & Gu, D. (2012). Career preferences of social work students in Beijing and Shanghai. *Social Work Education*, 31(1), 4-21. doi: 10.1080/02615479.2010.538672
- Lou, V. W. Q. (2011). Depressive symptoms of older adults in Hong Kong: the role of grandparent reward. *International Journal of Social Welfare*, 20, S135-147. doi: 10.1111/j.1468-2397.2011.00814.x
- Lou, V. W. Q. (2011). Life satisfaction of Chinese grandmothers: the impact of grandparenting role changes. *Journal of Ethnic and Cultural Diversity in Social Work*, 20(3), 185-202. doi: 10.1080/15313204.2011.594992
- Lou, V. W. Q., Chui, E. W. T., Leung, A. Y. M., Tang, K. L., Chi, I., Wong Leung, E. K. S., & Kwan, C. W. (2011). Factors affecting long-term care use in Hong Kong. *Hong Kong Medical Journal*, 17(3), S8-12.
- Lou, V. W. Q., Kwan, C. W., Leung, A. Y. M., & Chi, I. (2011). Psychological distress among Chinese adult-child caregivers: the effects of behavioral and cognitive components of care. *Home Health Care Service Quarterly*, 30(3), 1-14.
- Lou, V. W. Q., Pearson, V., & Wong, Y. (2010). Humanitarian welfare values in a

- changing social environment: A survey of social work undergraduate students in Beijing and Shanghai. *Journal of Social Work*, 11(4), 1-19. doi: 10.1177/1468017310380294
- Wong, M. C. S., Tsoi, K. K. F., Ng, S. S. M., Lou, V. W. Q., Choi, S. Y. P., Ling, K. W. K., Chan, F. K. L., Griffiths, S. M., & Sung, J. J. Y. (2010). A comparison of the acceptance of FIT and colonoscopy in colorectal cancer screening: a prospective study among Chinese. *Alimentary Pharmacology and Therapeutics*, 32(1), 74-82. doi: 10.1111/j.1365-2036.2010.04312.x
- Wong, C. K., & Lou, V. W. Q. (2010). "I Wish to be Self-Reliant": aspiration for self-reliance, need and life satisfaction, and exit dilemma of welfare recipients in Hong Kong. *Social Indicators Research*, 95(3), 519-534. doi: 10.1007/s11205-009-9524-8
- Lou, V. W. Q. (2010). Life satisfaction of older adults in Hong Kong: the role of social support from grandchildren. *Social Indicators Research*, 95(3), 377-391. doi: 10.1007/s11205-009-9526-6
- Leung, A. Y. M., Chi, I., Lou, V. W. Q., & Chan, K. S. (2010). Psychosocial risk factors associated with falls among Chinese community-dwelling older adults in Hong Kong. *Health & Social Care in the Community*, 18(3), 272-281. doi: 10.1111/j.1365-2524.2009.00900.x
- Leung, A. Y. M., Lou, V. W. Q., Chan, K. S., Yung, A., & Chi, I. (2010). Care management service and falls prevention: a case-control study in a Chinese population. *Journal of Aging and Health*, 22(3), 348-361. doi: 10.1177/0898264309358764
- Lou, V. W. Q. (2010). Caregiving burden: congruence of health assessment between caregivers and care receivers. *Asian Journal of Gerontology and Geriatric*, 5, 21-24.
- Yang, L., & Lou, V. W. Q. (2010). Applying the Satir model of counseling in Mainland China: illustrated with case studies. *The Satir Journal: Transformational Systemic Therapy*, 4(1), 24-52.
- Lou, V. W. Q. (2009). Enhancing personal growth for social work students: using the Satir model. *The Satir Journal: Transformational Systemic Therapy*, 3(2), 5-38.
- Mjelde-Mossey, L.A., Chi, I., Lubben, J., & Lou, V. W. Q. (2009). Relationship between productive activities, family relations, and aging well for elders in China. *Journal of Ethnic and Cultural Diversity in Social Work*. 18, 1-17.
- Lou, V. W. Q., Chui, E. W. T., Leung, A. Y. M., Kwan, C. W., Chi, I., Leung, W. K. S. (2009). Characteristics of elderly people who prefer to stay in the community. *Asian Journal of Gerontology and Geriatric*, 4, 113-118.
- Lou, V. W. Q., Chi, I., & Mjelde-Mossey, L. A. (2008). Development and validation of a Life Satisfaction Scale for Chinese Elders. *The International Journal of Aging & Human Development*, 67(2), 149-170. doi: 10.2190/AG.67.2.c
- Lou, V. W. Q. & Chi, I. (2008). Measure grandparenthood stress and reward: developing a scale based on perceptions by grandparents with adolescent grandchildren in Hong Kong. *Geriatrics and Gerontology International*, 8(4), 291-299. doi: 10.1111/j.1447-0594.2008.00484.x
- Ng, S. M., Li, A., Lou, V. W. Q., Tso, I., Wan, P. Y. P. & Chan, D. F. Y. (2008). Incorporating systemic therapy into asthma group intervention: a randomized waitlist-controlled trial. *Family Process*, 47(1), 115-130. doi: 10.1111/j.1545-5300.2008.00242.x
- Lou, V. W. Q. (2008). A study of older people who collect recycling materials for

- financial returns. *Asian Journal of Gerontology and Geriatric*, 2(3), 133-138.
- Lou, V. W. Q. (2006). Factors related to psychological well-being of parents of children with leukemia in China. *Journal of Psychosocial Oncology*, 24(3), 75-88. doi: 10.1300/J077v24n03_04
- Lou, V. W. Q. & Zhang, Y. Q. (2006). Evaluating the effectiveness of a participatory empowerment group for Chinese type 2 diabetes patients. *Research on Social Work Practice*, 16(5), 491-499. doi: 10.1177/1049731506287084
- Mjelde-Mossey, L.A., Chi, I., & Lou, V. W. Q. (2006). Relationship between adherence to tradition and depression in Chinese elders in China. *Aging & Mental Health*, 10 (1), 19-26. doi: 10.1080/13607860500308017
- Lou, V. W. Q. & Shek, D. T. L. (2006). Alcohol use and abuse amongst adolescents in Hong Kong. *International Journal of Adolescent Medicine and Health*, 18(1), 69-79.
- Mjelde-Mossey, L.A., Chi, I., & Lou, V. W. Q. (2005). Assessing tradition in Chinese elders living in a changing social environment: implications for social work practice. *Journal of Human Behavior in the Social Environment*, 11(3/4), 41-57.
- Lou, V. W. Q., Chow, J. C., Chan, C. L. W. (2004). Impact of expectation fulfillment on post-migration marital happiness among Mainland Chinese wives with Hong Kong husbands. *Journal of Social Work Research and Evaluation: An International Publication*, 5(1), 199-212.
- Chan, C. L. W., Chan, Y., & Lou, V. W. Q. (2002). Evaluating and empowerment group for divorced Chinese women in Hong Kong. *Research on Social Work Practice*, 12(4), 558-569. doi: 10.1177/1049731502012004007
- Tsang, K. L., Chi, I., Ho, S. L., Lou, V. W. Q., Lee, T. M. C., & Chu, L. W. (2002). Translation and validation of the standard Chinese version of PDQ-39: a quality-of-life measure for patients with Parkinson's disease. *Movement Disorders*, 17(5), 1036-1040. doi: 10.1002/mds.10249

Peer-reviewed Journal Papers (*In Chinese*)

- Lu, N., & Lou, W. Q. (2013). Caregiving burden and psychological well-being in Shanghai. *Journal of Guangdong University of Technology (Social Sciences Edition)*, 13(6), 20-24.
- Lou, W. Q., & Gui, S. X. (2012). Life satisfaction of family caregivers for frail elders in Shanghai: the role of caregiving resources. *Population and Development*, 18(3), 74-81.
- Liu J. & Lou, W. Q. (2012). Enhancing social support system for family caregivers for frail older adults in Shanghai. *Journal of East China Normal University*, 44(1), 19-25.
- Zhong X. B. & Lou, W. Q. (2011). A review on international trend on long-term care for demented older adults. *Journal of Chinese Gerontology*, 10, 1937-1939.
- Lou, W. Q., & Tong, H. M. (2010). Competence requirement of geriatric social worker in China: an elementary qualitative analysis. *China Social Welfare*, 5, 38-39.
- Tang Y. & Lou, W. Q. (2010). Long term care for frail elders: a case study in ShenZhen. *Lanzhou Academic Journal*, 7, 114-116.
- Gui, S. X., Chui, E., Lou, W. Q., & Tian, Q. (2010). Developing age-friendly city in Shanghai. *Journal of Population*, 4, 23-29.

- Lou, W. Q., & He, X. S. (2009). Optimism, service utilization, and social integration among new immigrants in Hong Kong. *West North Population*, 30, 23-26.
- Yuan, Y., Mao, W. J., Yang, D. H., Ran, M. S., Kong, D., Zhang, T., Lou W. Q., Wang, X. L., He, Xiao, E., Chen, L. Y., & He, J. J. (2009). A comparative study on anxiety and depressive symptoms between people with and without PTSD after Sichuan earthquake. *Journal of Chinese Behavioral Medicine and Brain Science*, 18(12), 1109-1111.
- He, X. S., Lou W. Q., & Zhao H. (2009). Service utilization and social integration: an exploratory study among new immigrants in Hong Kong. *Population and Development*, 15(5), 71-78.
- Mao, W. J., Yuan Y., Ran M. S., Kong, D., Zhang T., Lou W. Q., Wang X. L., He, X. E., & Chen L. Y. (2009). Psychological well-being in temporary housing in DujiangYan after the earthquake. *Sichuan Medicine*, 30(6), 970-973.
- Lou, W. Q. & He, X. S. (2008). Life of older adults who collect recycling materials Hong Kong: a social exclusion analysis. *South China Population*, 23(3), 10-19.
- Lou, W. Q., & Chan, L. W. (2004). Factors associated with women's marital satisfaction in cross-region marriages. *Social Work*, 3, 26-29.
- Lou, W. Q., & Chi, I. (2000). The stressors and psychological well-being of secondary school students. *Psychological Science*, 23(2), 156-159.
- Boey, K. W., Lou, W. Q., Zhao, J. C., & Zhang, T. T. (1997). Social and clinical characteristics of urban older adults with mental illness. *Chinese Journal of Clinical Psychology*, 3, 129-133.

Peer-reviewed Book Chapters (*In English*)

- Lou, V. W. Q. (2014). Active aging in Mainland China. In A. Walker & A. Christian (eds.). *Active Aging in East Asia*. New York: Routledge.
- Lou, V. W. Q. (2014). Case management in community-based long-term care: good practices and challenges in Hong Kong. In N. K. Fong & K. W. Tong (Eds.), *Community care in Hong Kong: current practices, practice-research studies, and future directions*. Hong Kong: City University Press.
- Lou, V. W. Q., & Tong, H. M. (2014). Grandparenting and volunteering among older adults in Hong Kong: a dilemma. In S. T. Cheng & I. Chi (Eds.), *Successful Aging: Asian Perspectives*. New York: Springer.
- Lou, V. W. Q., & Lu, N. (2013). Social support and well-being of older adults in Eastern Asia: a systematic review. In S. Y. Chen (Ed.), *Social support and health: theory, research, and practice with diverse populations* (pp.151-174). New York: Nova Science Publishers, Inc.
- Lou, V. W. Q., & Gui, S. X. (2012). Family caregiving and impact on caregiver mental health: a study in Shanghai. In S. Y. Chen & J. L. Powell (Eds.), *Aging in China: implications to social policy of a changing economic state* (pp.187-208). New York: Springer.
- Lou, V. W. Q., & Chi, I. (2012). Grandparenting roles and functions. In K. K. Mehta & L. L. Thang (Eds.), *Experiencing grandparenthood: an Asian perspective* (pp.47-59). New York: Springer.
- Lou, V. W. Q. (2011). Mental health of community-dwelling frail elders receiving long-term care services in Hong Kong. In J. P. Heckles & L. M. Bergin (Eds.), *Aging: mental aspects, social welfare and health* (pp.157-173). New York: Nova.

- Lou, V. W. Q., & Gui, S. X. (2010). The psychological well-being of older people. In S. Y. Chen & J. L. Powell (Eds.), *Aging in perspective and the case of China: issues and approaches* (pp.213-229). New York: Nova.
- Tang, K. L. & Lou, V. W. Q. (2009). Social welfare and women: the dominant approach and its critique. In F. M. Cheung & E. Holroyd (Eds.) *Mainstreaming gender in Hong Kong society* (pp.181-210). Hong Kong: The Chinese University Press.
- Lou, V. W. Q. & Chan, C. L. W. (2006). Walking a tightrope: the loss and grief of parents of children with cancer in Shanghai. In C. L. W. Chan & A. Y. M. Chow (Eds.). *Death, dying and bereavement: a Hong Kong Chinese experience* (pp.214-250, 339-342). Hong Kong: Hong Kong University Press.
- Lou, V. W. Q. & Chan, C. L. W. (2006). Family comes first: a family-based resource model for the wife's pre-migration adjustment when a husband and wife live apart. In A. G. Yeh, V. F. Sit, G. Chen & Y. Zhou (Eds.), *Developing a competitive pearl river delta in south China under one country-two systems* (pp.213-227). Hong Kong: Hong Kong University Press.
- Lou, V. W. Q., & Low, L. L. (2004). Women from Split Families: The Case of Mainland Chinese Wives, Hong Kong Husbands. In L. L. Thang, & W. H. Yu (Eds.), *Old challenges, new strategies: women, work and family in contemporary Asia* (pp.233-248). Leiden: Brill.
- Lou, V. W. Q., & Chi, I. (2001). Health-related quality of life of the elderly in Hong Kong: Impact of social support. In I. Chi, N. L. Chappell, & J. Lubben (Eds.), *Elderly Chinese in pacific rim countries-social support and integration* (pp.97-114). Hong Kong: Hong Kong University Press.

Peer-reviewed Book Chapters (*In Chinese*)

- Lou, W. Q. (2009). Program development. In D. H. Gu (Ed.), *Social work evaluation* (pp.187-208). Beijing: High Education Publication.
- Lou, W. Q. (2006). Human behavior and social environment. In D. H. Gu (Ed.) *Social workers: national examination for registration* (pp.61-81). Beijing: China Labour and Social Security Publication.
- Lou, W. Q. (2005). Human behavior in the social environment. In D. H. Gu (Ed.), *Introduction to social work* (pp.79-101). Shanghai: Shanghai Century Publication.
- Lou, W. Q. (2004). Elderly suicide: A Satir analysis. In B. Y. K. Zhang (Ed.), *Clinical practice in suicide prevention by using the Satir model* (pp.3-18). Hong Kong: The University of Hong Kong.
- Lou, W. Q., Chen, L. Y., Chen, Y. (2002). Applying forgiveness therapy to a Chinese population. In L. Y. Chen, F. M. Fan, M. X. He, & W. P. Wang (Eds.), *Counseling models in Chinese culture* (pp.387-402). Beijing: Ming Zu Publication.
- Lou, W. Q., Chi, I. (2000). A study on sources of stress for secondary school students in Shanghai. In Chen, H. Z. & Liang, J. (Eds.), *Chinese psychology in development* (pp.355-366). Hong Kong: The Chinese University of Hong Kong Press.
- Lou, W. Q., Chan, C. L. W. (1998). Stress and social adaptation of immigrant adolescents from Mainland China - A cultural cooperative model. In. Y. C. Chan (Ed.), *Psychological adaptation of children and youth newly arrived in*

Hong Kong from Mainland China – research, theory and practice (pp.145-158).
Hong Kong: Aberdeen Kai-fong Welfare Association Social Service Centre.

Authored Book (*In English*)

Lou, V. W. Q. (2015). Spiritual well-being of Chinese older adults: conceptualization, measurement and intervention. Heidelberg, Germany: Springer. ISBN: 3662463032.

Edited Book (*In Chinese*)

Lou, W. Q., & Boey, K. W. (2008) (Eds.). Handbook of measures for the Chinese elderly. Hong Kong: Sau Po Centre on Ageing, The University of Hong Kong. 233p. ISBN: 978-962-86424-6-5.

Book Review

Lou, V. W. Q. (2013). A review of G. Ramsay's book Mental illness, dementia and family in China. *Social Work Education: The International Journal*, 33(2), 272-274.

Invited Journal Preface

Lou, W. Q. (2014). Dementia care: public participation and whole person care. *Journal of China Social Work*, 7, 1. (in Chinese)

Invited Presentations (*International*)

Lou W. Q. (2014, November 26-29). Gerontological social work in Hong Kong: past and future directions. Department of Sociology, Wuhan University, P.R.C.

Lou W. Q. (2014, November 24). Instrumental reminiscence therapy: a three-layer model of treating community-dwelling older adults with depressive symptoms. Department of Social Work, East China Normal University, Shanghai, P.R.C.

Lou W. Q. (2014, November 23). Community support for frail older adults: lessons from overseas experiences. A seminar on community support services for frail older adults in urban China. Institute of Population Study, East China Normal University, Shanghai, P.R.C.

Lou, V. W. Q. & Smith, P. (2014, October 16-19). Family caregiving for frail older adults: a comparative perspective on social and legal supports. Global Aging Research Network Meeting, St. Louis, USA.

Lou W. Q. (2014, July 21-23). Comprehensive assessment and gerontological social work. Department of Sociology, Wuhan University.

Lou V. W. Q. (2014, April 28-29). Family caregiving in a changing society: negotiating between formal and informal care systems in Hong Kong. Interdisciplinary Research on Long-term Care and Healthy Aging, Duke University, USA.

- Lou, V. W. Q. (2013, November 11). Family caregiving in China: an ecological analysis on factors associated with depressive symptoms of caregivers. Issues in Aging Seminar series, Harvey A. Friedman Center for Aging / Institute for Public Health, Washington University in St. Louis, USA.
- Lou, V. W. Q. (2012, October 8). Spiritual well-being of Chinese older adults: conceptualization, assessment and evaluation. USC Edward R. Roybal Institute on Aging, University of Southern California, Los Angeles, USA.
- Lou, V. W. Q. (2012, June 22-23). Experiences in cross-national study. Global Aging Initiative McDonnell Academy Partner Meeting, Institute for Public Health, Washington University in St. Louis, USA.
- Lou, V. W. Q. (2010, May 6-7). Depressive symptoms of older adults in Hong Kong - the role of grandparent reward. Intergenerational Family Support for Chinese Older Adults: New Perspectives in Chinese Culture and Society organized by University of Southern California School of Social Work, Davis School of Gerontology, and US-China Institute, Los Angeles, California, USA.
- Lou, V. W. Q. (2013, December 18). Family caregiving for frail older adults: a resilience approach. School of Social Development and Public Policy, Beijing Normal University, Beijing, China.
- Lou, W. Q. (2012, November 28-29). Long-term care policy and services in Hong Kong. National conference on Ageing Development, Shenzhen, China.
- Lou, W. Q. (2011, August 8). The development of gerontology postgraduate education in Hong Kong. 7th National Gerontology Curriculum Development Conference jointly organized by Institute on Population Study Renmin University, Institute on Population Study Peking University, Department of Geriatrics Capital Medical University, Institute on Population and Economic China Social Science Academy, Institute on Psychology China Science Academy, and Gerontology Education and Research Committee National Association on Gerontology, Beijing, China.
- Lou, V. W. Q. (2010, July 12). Hard to reach older adults: a social exclusion analysis of its impacts on well-being. Institute for Population and Development Studies, School of Public Policy and Administration, Xi'an Jiao Tong University, Xi'an, China.
- Lou, V. W. Q. (2010, July 13). Mental well-being of Chinese older adults: explorations and reflections. Collaboration to Advance Chinese Gerontological Studies: Dialogue between Chinese and Overseas Researchers organized by Renmin University, Beijing, China.

Invited Presentations (*Hong Kong*)

- Lou, V. W. Q. (2014). Case management in community-based long-term care: good practices and challenges in Hong Kong. Paper presented at the Book Launch & Seminar on Community Care in Hong Kong - Current Practices, Practice-research Studies and Future Directions, Hong Kong.
- Lou, V. W. Q. (2013, May 15). Caring family caregivers for frail older adults: a view of shared responsibility. Family Summit 2013 preparation for the 20th anniversary of UN International Year of the Family organized by Hong Kong Council of Social Service, Hong Kong.
- Lou, V. W. Q. (2012, August 24). Psychological well-being and poverty in older adults. Expectations Towards Commission on Poverty – Meeting the Think

- Tanks and Scholars organized by Hong Kong Council of Social Service, Hong Kong.
- Lou, V. W. Q. (2012, October 29). Person-centered care for demented older adults: views from formal caregivers. Person-centered Care: From Philosopher to Practice in Hong Kong organized by The Hong Kong Society for the Aged, Hong Kong.
- Lou, V. W. Q. (2012, February 2). Person-centered care for demented older adults: from theory to practice. A New Way Forward for Dementia Care International Symposium jointly organized by Yan Oi Tong, The Hong Kong Council of Social Service, and Sau Po Centre on Ageing, HKU, Hong Kong.
- Lou, V. W. Q. (2010, March 26). Mental health needs of older adults living in residential care facilities. Quality of Care in Residential Facilities - Enhancing Bio-Psycho-Social Care for Older Adults organized by Sik Sik Yuen, Hong Kong.
- Lou, V. W. Q. (2010, March 6-7). Psychological well-being of older adults in the community. 5th International Symposium on Healthy Aging – Is aging a disease? Organized by Faculty of Medicine, The University of Hong Kong, Hong Kong.
- Lou, V. W. Q. (2010, March 5). A study investigating factors that affect long term care use in Hong Kong. Journal Club Meeting organized by the research office, Food and Health Bureau, The Hong Kong SAR Government, Hong Kong.

Selected Peer Reviewed Conference Presentations

- Lou, V. W. Q., Lau, H. P., & Cheung, K. S. L. (2015). Positive aspects of caregiving: factor structure and association with exemplary care among Chinese dementia caregivers Paper presented at the GSA-Sino conference, Hong Kong.
- Lou, V. W. Q. (2015). Conceptualizing offspring caregiving motivational resilience: a dyadic relationship approach. Paper presented at the GSA-Sino conference, Hong Kong.
- Fu, F., Chen, L., Sha, W., Chan, C. L. W., & Lou, V. W. Q. (2015). "Where is my hope and future?" Bereaved mothers' coping strategies after the Wenchuan earthquake. Paper presented at the 4th Global Congress for Qualitative Health Research, Merida, Yucatan, Mexico.
- Yang, F., & Lou, V. W. Q. (2014, November 7-8, 2014). Childhood adversities, urbanization, and depressive symptoms among middle-aged and older adults: evidence from a national survey in China. Paper presented at the Aging and Society: 4th Interdisciplinary Conference - Diversity and Aging, Manchester, UK.
- Lou, V. W. Q., Chen, Y. Y., Lau, M. M. Y., & Lum, T. Y. S. (2014). Couples with only one spouse having depressive symptoms: prevalence and the role of intergenerational support among Chinese older adults. Paper presented at the 67th Annual Conference of Gerontological Society of America, Washington DC, USA.
- Ho, A. H. Y., Lou, V. W. Q., Ng, C. K. M., Lum, T. Y. S., Wong, G. H. Y., Lau, M. M. Y., & Kwok, D. (2014). Self-reported and caregiver-observed signs of cognitive impairments in help-seekers. Paper presented at the 67th Annual Conference of Gerontological Society of America, Washington, DC, USA.

- Ho, A. H. Y., Dai, A. A. N., & Lou, V. W. Q. (2014). Development and evaluation of a novel dignity-conserving EoL care model for nursing homes in the Hong Kong Chinese context. Paper presented at the 67th Annual Conference of Gerontological Society of America, Washington DC, USA.
- Lou, V. W. Q. (2014). Theorizing family caregiving in Asian context. 67th Annual Scientific Meeting of The Gerontological Society of America, Washington, DC, November 5-9, 2014.
- Lou, V. W. Q. (2014). Depression among Chinese older adults: intergenerational perspective based on national studies. 67th Annual Scientific Meeting of The Gerontological Society of America, Washington, DC, November 5-9, 2014.
- Lou, V. W. Q. (2013). The formation of family caregiving in the Chinese context: filial piety and shared care. The Gerontological Society of America (GSA) 66th Annual Scientific Meeting, New Orleans, USA.
- Lou, V. W. Q. (2013). Learning and using technology in Asian Chinese Communities. The 20th IAGG World Congress of Gerontology and Geriatrics, Seoul, Korea.
- Lou, V. W. Q., & Lam, T. Y. S. (2012). Effects of community factors on services delivery and well-being of older people in Greater China. GSA 65th Annual Scientific Meeting, San Diego, California, USA.
- Ng, P. F. H., & Lou, V. W. Q. (2014). Caregivers' well-being and wisdom: a new horizon. Paper presented at the 9th International Symposium on Healthy Aging: Aging with Confidence, The University of Hong Kong Li Ka Shing Faculty of Medicine, Research Centre of Heart, Brain, Hormone & Healthy Aging.
- Lu, N., Lou, V. W. Q., & Lum, T. Y. S. (2013). Inter-regional and intra-regional disparities in health of Chinese older population. Paper presented at the 66th Annual Scientific Meeting of GSA, New Orleans, Louisiana, USA.
- Zhao, X. Y., & Lou, V. W. Q. (2013). Social activity and psychological well-being of widowed elders in China: gender differences. Paper presented at the 66th Annual Scientific Meeting of GSA, New Orleans, Louisiana, USA.
- Lou, V. W. Q. (2013). Caregiver burden in Shanghai and Hong Kong: the role of relationship congruence. Paper presented at the 66th Annual Scientific Meeting of GSA, New Orleans, Louisiana, USA.
- Lu, N., Lu, N., Lou, V. W. Q., & Chi, I. (2013, June 23-27). Self-rated health trajectories among rural Chinese older adults: The role of intergenerational relationship. Paper presented at The 20th IAGG World Congress of Gerontology and Geriatric, Seoul, Korea.
- Lou, V. W. Q., Zhong, X. B., & Law, G. K. C. (2013). Person centered care for elderly with dementia: a qualitative analysis in Hong Kong. Paper presented at The 20th IAGG World Congress of Gerontology and Geriatrics, Seoul, Korea.
- Kaur, B., & Lou, V. W. Q. (2012). Effectiveness of using psychotherapies to treat Chinese older adults with depressive symptoms versus Western older adults with depressive symptoms: a meta-analysis. Paper presented at the Asia Pacific Geriatric Conference (APGC 2012), Practicing Geriatrics in the Ageing Community, Hong Kong.
- Yan, F., & Lou, V. W. Q. (2012). Street-level bureaucratic discretion: determinants and implications for welfare sector in China. Paper presented at the Aging & Social Security International Conference: Aging and social security - The international experience and China's development, Hangzhou, China.
- Lou, V. W. Q., Tsang, P., & Choy, J. (2012). Treating depressive symptoms among living alone older adults in Wong Tai Sin: a district elderly community centre

- initiative. Paper presented at HKAG 19th Annual Congress, Hong Kong.
- Lou, V. W. Q., Chan, C. L. Y., Fok, S. S. Y., Tsui, A. K. M., Dai, A., & Leung, D. Y. P. (2012). The effectiveness of the Spiritual Enhancement Group for Chinese elders: evidence from a quasi-experiment. Paper presented at the HKAG 19th Annual Congress, Hong Kong.
- Lou, V. W. Q., Lum, T., Lu, N., & Tong, T. L. W. (2012). Community capital and well-being of older people in Hong Kong. Paper presented at GSA 65th Annual Scientific Meeting, San Diego, California, USA.
- Lou, V. W. Q., & Kwan, C. W. (2012). Health status of community long-term care service users in Hong Kong. Paper presented at GSA 65th Annual Scientific Meeting, San Diego, California, USA.
- Lou, V. W. Q., Chan, C. L. Y., Leung, D. Y. P., Fok, S. S. Y., & Tsui, A. K. M. (2011). Measuring transcendence among Chinese older adults - a spiritual approach. Paper presented at GSA 64th Annual Scientific Meeting, Boston, MA, USA.
- Lou, V. W. Q., Gui, S. X., Kwan, C. W., & Ting, K. F. (2011). Caregiver's needs and psychological well-being in Shanghai, China. Paper presented at GSA 64th Annual Scientific Meeting, Boston, MA, USA.
- Lou, V. W. Q., & Ci, Q. Y. (2012). Aging under the one-child policy: long-term care needs and policy choices in urban China. Paper presented at the Aging & Social Security International Conference, Hangzhou, China.
- Chan, C. L. W., Lou, V. W. Q., Fok, S. S. Y., & Tsui, A. K. M. (2010). Spirituality in Chinese context: a perspective from elders and their relatives in Hong Kong. Paper presented at GSA 63rd Annual Scientific Meeting, New Orleans, LA, USA.
- Lou, V. W. Q. (2010). Living alone but not lonely - a selection, optimization, and compensation analysis. Paper presented at the HKAG 18th Annual Congress, Hong Kong.
- Lou, V. W. Q. (2010). Depressive symptoms of older adults in Hong Kong - The role of grandparent reward. Paper presented at the Intergenerational Family Support for Chinese Older Adults: New Perspectives on Chinese Culture and Society, Los Angeles, USA.
- Lou, V. W. Q. (2009). Good practices in case management in community-based long-term care. Paper presented at the HKGA 17th Annual Congress, Hong Kong.
- Lou, V. W. Q., Chui, E. W. T., Leung, A., Kwan, C. W., Chi, I., & Leung, E. (2009). The role of psychosocial factors in long-term care utilization among elderly Chinese. Paper presented at GSA 62nd Annual Scientific Meeting, Atlanta, GA, USA.
- Lou, V. W. Q., Chiu, Ernest, W. T., Hwang, E., Gui, S. X., & Tian, Q. (2009). Age-friendly city: a perspective from old people in Shanghai. Paper presented at the International Forum on Ageing in Place & Age Friendly Cities, Akita, Japan.
- Lou, V. W. Q., Wong, C. K. (2009). Material security and interacting social being: the case of "Hard to Reach" elders in Hong Kong. The XIXth IAGG World Congress of Gerontology and Geriatrics, Paris, France.
- Lou, V. W. Q., Chui, Ernest W. T., Leung, A. Y. M., Kwan, C. W., Chi, I., & Eliza, L. (2008). Who chooses to stay in the community? Paper presented at the HKGA 16th Annual Congress, Hong Kong.
- Lou, V. W. Q. (2009). Family caregiving burden: the role of gender and care

receiver/care provider relations. Paper presented at GSA 62nd Annual Scientific Meeting, Atlanta, GA, USA.

Intervention Manual & Report (*In English*)

- Lou, V. W. Q., & Tung Wah Group of Hospitals (2014). Intervention manual on Spiritual Enhancement Groups for Chinese elders: a relational approach. Hong Kong: Tung Wah Group of Hospitals. 128p. (Role: PI)
- Lou, V. W. Q., & Sik Sik Yuen (2013). Cherish our life: enhancing psychological well-being of elders. Hong Kong: Sik Sik Yuen. 95p. (Role: PI)
- Lou, V. W. Q., Boey, K. W., & Au, J. W. N. (2013). A study on the roles and competences of social workers in providing counseling and case management for older adults in long-term care services. Hong Kong: The University of Hong Kong. 71p. (Role: PI)
- Lou, V. W. Q., Chan, C. L. Y., Leung, D. Y. P., Fok, S. S. Y., Tsui, A. K. M., Gui, S. X., & Shek, D. T. L. (2012). Conceptualizing and assessing spirituality among Chinese elders: towards evidence-based practice. *Generation Review*, 22(1), 15-16. (Role: PI)
- Chui, E. W. T., Chan, K. S., Chong, A. M. L., Ko, L. S. F., Law, S. C. K., Law, C., K., Leung, E. M. F., Leung, A. Y. M., Lou V. W. Q., & Ng, S. Y. T. (2009). A final report on Elderly Commission' study on residential care services for the elderly. Hong Kong: The Elderly Commission. 91p. (Role: Co-Investigator)
- Wong, C., K., & Lou, V. W. Q. (2008). The final report on "A qualitative study on 'hidden' elderly in Hong Kong" submitted to Central Policy Unit, The SAR Government of Hong Kong. 154p. (Role: Co-Investigator)
- Wong, C. K., & Lou, V. W. Q. (2007). The final report on "A qualitative study of the recipients' experiences of and attitudes towards the welfare benefit system in Hong Kong". 111p. Hong Kong: HKSAR. (Role: Co-Investigator)
- Lou, V. W. Q., Gu, D. H., Kwan, Y. Y., & Leung, J. C. B. (2006). Final report on "The profile of social work programs and training needs of higher education in the Chinese communities: mainland China, Hong Kong Taiwan" submitted to International Association of Schools of Social Work. 43p. (Role: PI)

Intervention Manual (*In Chinese*)

- Lou, W. Q., & Tung Wah Group of Hospitals (2013). A self-help intervention manual on Spiritual Enhancement Groups for Chinese elders. Hong Kong: Tung Wah Group of Hospitals. 94p. (Role: PI)
- Lou, W. Q., & Sik Sik Yuen (2013). Cherish our life: enhancing psychological well-being of elders by using Instrumental Reminiscence Intervention. Hong Kong: Sik Sik Yuen. 77p. (Role: PI)

RESEARCH GRANTS and CONTRACTS

External Peer-reviewed Competitive Grants

<u>Principal Investigator</u>		
Project Title	Funding Source & Amount	Period / Status
Family caregiving for frail older adults: a comparative perspective on social and legal supports	Harvey A. Friedman Center for Aging's Global Aging Initiative US\$7,500	2013 - 2014 Completed
Family caregivers for the frail and very elderly: well-being and needs in Hong Kong and Shanghai	GRF-RGC HK\$642,000	2009 - 2011 Completed
Person-centered care for demented older adults: a qualitative analysis	HHSRF HK\$60,000	2011 - 2012 Completed
A study investigating factors that affect long term care use in Hong Kong	Health, Welfare and Food Bureau, HKG HK\$521,908	2007 - 2009 Completed
Profile of social work programmes and training needs of higher education in the Chinese communities	International Association of Schools of Social Work US\$3,000	2003 - 2005 Completed

<u>Co-Investigator</u>			
Project Title	Name of the PI	Funding Source & Amount	Period / Status
Model predicting health outcomes of family caregivers of Chinese dementia sufferers: a sequential explanatory mixed method study	Dr. D. S. F. Yu	GRF-RGC HK\$563,254	2014 - 2015 Ongoing
Long-term care system in urban China in the next decade	Prof. S. X. Gui	China National Social Science Foundation RMB800,000	2013 - 2018 Ongoing
Enhancing social security system in China	Prof. Q. Y. Ci	Education Bureau of China RMB800,000	2013 - 2016 Ongoing
Social welfare and life satisfaction: the role of responsible risk-taking	Prof. C. K. Wong	GRF-RGC HK\$535,000	2009 - 2012 Completed
A study on the effectiveness of integrated home care service in community care for elderly people in Hong Kong	Dr. E. W. T. Chui	GRF-PPR HK\$620,560	2008 - 2010 Completed
Bowel cancer in Hong Kong: education, promotion and screening	Prof. J. J. Y. Sung	Chief Executive Fund, HKG HK\$16,000,000	2007 - 2012 Completed

Internal Peer-Reviewed Grants

<u>Principal Investigator</u>		
Project Title	Funding Source & Amount	Period / Status
Expose to early-life stress and adulthood intergenerational support: evidences from CHARLS	HKU 47,900	Apr 1 2014 Mar 31 2015
Stress, wisdom and psychological well-being among spousal caregivers of frail elderly in Shanghai	HKU HK\$77,119	2013 - 2014 Ongoing
Awareness of community-based long-term care services: views from adults aged 45 or above in Hong Kong	HKU HK\$37,350	2011 - 2012 Completed
Protecting social isolation and loneliness: attributions and coping strategies among older adults living alone in Hong Kong	HKU HK\$111,760	2009 - 2010 Completed
Study of Hong Kong families	CUHK HK\$850,000	2008 - 2012 Completed
Study of Mainland families	CUHK HK\$527,000	2008 - 2012 Completed
Case management of community long-term care services in Hong Kong - a qualitative exploration	CUHK HK\$38,000	2008 - 2008 Completed
Intergenerational role and its relationship with subjective well-being among older persons in Hong Kong	CUHK HK\$70,000	2005 - 2005 Completed

<u>Co-Investigator</u>			
Project Title	Name of the PI	Funding Source & Amount	Period / Status
Construction and validation of Chinese Health Literacy Scale for Diabetes (CHLSD)	Dr. A. Y. M. Leung	HKU HK\$39,241	2009 - 2009 Completed
Creating age-friendly communities in low income neighborhoods: cross cultural comparisons in North America and East Asia – Shanghai as case study	Dr. E. W. T. Chui	HKU HK\$58,638	2008 - 2009 Completed
A preliminary study of social risks and policy responses in Hong Kong	Prof. C. K. Wong	CUHK HK\$64,400	2007 - 2007 Completed

Research Contracts

<u>Principal Investigator</u>		
Project Title	Funding Source & Amount	Period / Status
An evaluation study on community support services of Integrated Discharge Support Program (IDSP) for the elderly patients	Aberdeen Kai-fong Welfare Association HK\$50,000	May 2014 – June 2015
A study on mood status of residents in long-term care facilities and its effective intervention strategies	Hong Kong Sheng Kung Hui Welfare Council 369,368	Jan 20 2014 Jan 19 2016
An evaluation study of Integrated Care Model program	Aberdeen Kai-Fung Welfare Association 50,000	Apr 1 2014 May 31 2016
Evaluation on the effectiveness of the intervention under self-help approach on enhancing spirituality of elders living in Hong Kong	Tung Wah Group of Hospitals 250,000	2014 - 2015 Completed
An evaluation study of the LinkAges Project	Hong Kong Jockey Club Charities Trust (HKJCT) HK\$299,485	2013 - 2014 Completed
Roles and competence of social workers in providing counseling and case management for elders in long term care services	Caritas Hong Kong HK\$126,000	2012 - 2013 Completed
Evaluation study on CADENZA community project – an elderly suicide prevention project	HKJCT HK\$610,000	2011 - 2013 Completed
Spirituality enhancement intervention - consolidation of experience and development of self-help approach	Tung Wah Group of Hospitals (TWGHs) HK\$150,000	2013 - 2013 Completed
A study of die-in-home service in care & attention homes	TWGHs HK\$180,000	2011 - 2013 Completed
A study on the profile and effectiveness of community-based long-term care services in Hong Kong	Hong Kong Council of Social Services (HKCSS) HK\$140,000	2010 - 2011 Completed
A study on the age-friendly city index in Hong Kong	HKCSS HK\$32,000	2010 - 2011 Completed
A study on assessing and enhancing spirituality among elders living in residential homes in Hong Kong and Shanghai	TWGHs HK\$230,000	2009 - 2011 Completed
A preliminary study on the prevalence rate of	Caritas Hong Kong	2009 - 2009

depressive symptoms of older adults receiving community-based and residential long-term care	HK\$50,000	Completed
Needs and profiles of elderly scavengers in Hong Kong	HKCSS HK\$40,000	2006 - 2007 Completed

<u>Co-Investigator</u>			
Project Title	Name of the PI	Funding Source & Amount	Period / Status
Evaluation study on pilot scheme on living allowance for carers of the elderly persons from low income families	Dr. T. Y. S. Lum	Social Welfare Department (SWD), HKU HK\$1,430,000	2014 - 2016
Enhancement of the infrastructure of long-term care in Hong Kong	Dr. T. Y. S. Lum	Social Welfare Department (SWD), HKG HK\$24,676,000	2013 - 2016 Ongoing
Case mix study on the community care services for the elderly	Dr. T. Y. S. Lum	SWD, HKG HK\$1,430,000	2013 - 2014 Completed
Reaching out dementia caregivers support project	Dr. K. Cheung	Charles K. Kao Foundation for Alzheimer's Disease, Henderson Land Group, and Partnership Fund, HKG HK\$489,257	2011 - 2014 Completed
Study on community care services for the elderly	Dr. E. W. T. Chui	Elderly Commission (EC) HKG HK\$1,430,000	2010 - 2011 Completed
Outcome evaluation for Tele-health Link service	Dr. E. W. T. Chui	Senior Citizen Home Safety Association HK\$236,000	2009 - 2011 Completed
Study on residential care services for the elderly	Dr. E. W. T. Chui	EC, HKG HK\$1,300,000	2008 - 2009 Completed
An evaluation of the telephone appointment system of the general outpatient clinic service	Dr. E. W. T. Chui	Shamshuipo District Council, HKG HK\$130,000	2007 - 2008 Completed
A qualitative study on 'hidden elderly' in Hong Kong	Prof. C. K. Wong	Central Policy Unit, HKG HK\$220,200	2007 - 2008 Completed
Social integration of the adult new arrivals from the Mainland China - an evaluation of the community-based new immigrants service	Prof. C. L. W. Chan	Hong Kong Young Women's Christian Association HK\$10,000	2007 - 2007 Completed

Qualitative study of the recipients' experiences of and attitudes towards the welfare benefit system in Hong Kong	Prof. C. K. Wong	Central Policy Unit, HKG HK\$145,600	2007 - 2007 Completed
An evaluation study of the employment assistance programs for CSSA and near CSSA recipients	Prof. K. L. Tang	SWD, HKG HK\$553,035	2004 - 2005 Completed

PROFESSIONAL ACTIVITIES & MEMBERSHIP

Editorial Board Membership

BMC Geriatrics

Asian Journal of Gerontology and Geriatrics

The Satir Journal: Transformational Systemic Therapy

Social Work Practice Series

Invited Visiting Scholar

2014 November, Department of Sociology, **Wuhan University**

2014 July, Department of Sociology, **Wuhan University, China.**

2014 November, Institute of Population Study, **ECNU, China.**

2014 May, School of Social Work, **University of Michigan, USA.**

2013 December 16-21, Scholar at School of Social Development and Public Policy, **Beijing Normal University (BNU), China.**

2013 November 4 to December 4, School of Social Work, and Harvey A. Friedman Center for Aging / Institute for Public Health, **Washington University in St. Louis, USA.**

2013 September 4 to November 3, USC Edward R. Roybal Institute on Aging, **University of Southern California, Los Angeles, USA.**

2011 April 9-12, School of Social Development and Public Policy, **BNU, China**

2010 July 10-13, Institute for Population and Development Studies, School of Public Policy and Administration, **Xi'an Jiao Tong University, China**

Academic Peer Reviewer

Grant applications

Research Grants Council Hong Kong (2010, 2011)

Journal submissions

Journal of Gerontology - Social Science

Journal of Gerontology - Psychological Sciences

Aging & Mental Health

Journal of Aging Policy

Journal of Social Work

Social Indicators Research

Health and Social Care in the Community

Journal of Clinical Nursing

International Social Work

International Journal of Social Welfare

Social Development Issues
Social Work in Health Care
International Journal of Ageing and Later Life
Journal of Aging International
Journal of Happiness Studies

Conference abstracts

GSA Annual Scientific Meeting (2009, 2010, 2014)
The 6th Community Social Work Regional Conference, Shandong China (2013)
The 5th Community Social Work Regional Conference, Nanjin China (2011)
Social Work Conference in Mental Health, Hong Kong (2009)

ACADEMIC / COMMUNITY SERVICES, SIGNIFICANT KNOWLEDGE EXCHANGE ACTIVITIES

Board Membership / Membership in Professional Bodies

2013 - date	Board Member, Hong Kong Association of Gerontology (HKAG)
2012 - date	Associate Fellow, The Hong Kong Professional Counseling Association
2011 - date	Committee Member, International Relations, Hong Kong Social Workers Association
2007 - date	Member, Gerontology Society of America (GSA)
2006 - date	Member, Society for Social Work and Research
2000 - date	International Member, American Psychological Association (APA)
2005 - 2012	Member, Hong Kong Association of Gerontology (HKAG)

Appointments / Administrative Duties at HKU

University

2013 - date	Common Core Curriculum Working Group “Marking and providing feedback on assignments aided by technology”
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Faculty of Social Sciences

2014 - date	Committee Member, Information Technology Committee
2009 - date	Associate Director, Sau Po Centre on Ageing (COA)
2009 - 2012	Academic Advisor
2009 - 2011	Committee Member, Public Relations Committee

Department of Social Work & Social Administration

2014 - date	Deputy Director, Research Postgraduate Student Committee
2012 - date	Program Director, Master of Social Sciences - Gerontology
2011 - date	Member, China Research Working Group
2011 - date	Program Committee Member, Master of Social Work
2010 - 2012	Program Committee Member, Bachelor of Social Work
2010 - 2012	Deputy Program Director, Bachelor of Social Science in Social Work

Community Services

Mainland China

2014 - date	Academic consultant, School of Sociology and Population Studies, Renmin University
2014 - 2017	Academic consultant, Master of Social Work, East China University of Political Science and Law
2013 - 2015	Academic Consultant, Research Centre on Social Development, Shanghai Normal University
2013 - date	Consultant, Shenzhen Social Workers' Association
2011 - date	Consultant, Le Xiang Social Service Centre, GuangZhou

Hong Kong

2014 - date	Member, Social Work Training Fund Committee, Hong Kong Government
2008 - date	Council Member, Hong Kong Young Women's Christian Association (HKYWCA)
2012 - date	Chairperson, Social Service Committee, HKYWCA
2011 - date	Consultant, Social Service Division, Caritas Hong Kong
2009 - date	Member, Caritas Caine Road Community Centre Advisory Committee
2008 - date	Member, Advisory Committee of palliative care services, Tung Wah Group of Hospitals
2002 - date	Consultant, Hong Kong Outlying Islands Women's Association Ltd
2011-2012	Vice-chairperson, Specialized Committee on Elderly Services, HKCSS
2010-2012	Chairperson, Committee on Community and Youth Services, HKYWCA
2010-2012	Vice-chairperson, Committee on Elderly Services, HKYWCA

(updated June 30, 2015)